

Crumbl Cookie Ingredients

Complete Ingredient List for Popular Flavors | crumblcookiemenu.us

Common Base Ingredients (Used in Most Crumbl Cookies)

Nearly every Crumbl cookie is built on the same core foundation of high-quality baking staples. Here is the base ingredient list shared across most flavors:

Ingredient	Purpose	Notes
All-Purpose Flour	Structure & base	Enriched, bleached wheat flour
Unsalted Butter	Richness & moisture	Real butter, not margarine
Granulated Sugar	Sweetness & texture	White cane sugar
Brown Sugar	Moisture & caramel flavor	Light or dark brown sugar
Eggs	Binding agent	Large whole eggs
Egg Yolks	Extra richness	Used in select recipes
Baking Soda	Leavening agent	Creates soft, chewy texture
Baking Powder	Lift & rise	Used in sugar cookie varieties
Salt	Flavor enhancer	Fine sea salt or kosher salt
Vanilla Extract	Flavor base	Pure vanilla extract
Almond Extract	Signature flavor	Key in sugar cookies
Cornstarch	Softness	Keeps cookies thick & tender
Heavy Cream	Richness in frosting	Used in glazes & frostings
Powdered Sugar	Frosting sweetness	Used in glazes & frostings
Whole Milk	Moisture & binding	Used in some recipes

Crumbl Cookie Ingredients by Flavor

1. Classic Chocolate Chip Cookie

Ingredient	Role
All-Purpose Flour	Base structure
Unsalted Butter	Richness and chew
Granulated Sugar	Sweetness and spread

Brown Sugar (packed)	Moisture & caramel depth
Large Eggs	Binding
Pure Vanilla Extract	Flavor depth
Baking Soda	Leavening
Salt	Flavor balance
Cornstarch	Extra softness & thickness
Semisweet Chocolate Chips	Primary mix-in

2. Milk Chocolate Chip Cookie

Ingredient	Role
All-Purpose Flour	Base structure
Unsalted Butter	Richness
Granulated Sugar	Sweetness
Brown Sugar	Moisture
Eggs	Binding
Vanilla Extract	Background flavor
Baking Soda	Leavening
Salt	Balance
Cornstarch	Soft thick texture
Milk Chocolate Chips	Primary mix-in (sweeter than semisweet)

3. Sugar Cookie (Base + Frosting)

Ingredient	Component
All-Purpose Flour	Cookie Base
Unsalted Butter	Cookie Base
Granulated Sugar	Cookie Base
Sour Cream	Cookie Base — secret for tender crumb
Eggs	Cookie Base
Almond Extract	Cookie Base — signature flavor
Vanilla Extract	Cookie Base
Baking Powder	Cookie Base

Cream of Tartar	Cookie Base
Salt	Cookie Base
Unsalted Butter (softened)	Frosting
Powdered Sugar (sifted)	Frosting
Heavy Cream	Frosting
Almond Extract	Frosting
Vanilla Extract	Frosting

4. Pink Sugar Cookie

Same base as the Sugar Cookie above, with the addition of pink food coloring in the frosting. The pink color is the signature look of Crumbl's most iconic cookie.

Ingredient	Role
Cookie Base	Same as Sugar Cookie recipe above
Unsalted Butter	Frosting base
Powdered Sugar	Frosting sweetness
Heavy Cream	Frosting smooth texture
Almond Extract	Frosting — signature flavor
Vanilla Extract	Frosting
Pink Food Coloring	Frosting — gives the iconic pink color
Pinch of Salt	Frosting — balances sweetness

5. Oreo Cookie

Ingredient	Component
All-Purpose Flour	Cookie Base
Unsalted Butter	Cookie Base
Granulated Sugar	Cookie Base
Brown Sugar	Cookie Base
Eggs	Cookie Base
Vanilla Extract	Cookie Base
Baking Soda	Cookie Base
Salt	Cookie Base

Crushed Oreo Cookies	Mix-in & topping
Cream Cheese	Frosting base
Powdered Sugar	Frosting
Heavy Cream	Frosting texture
Oreo Crumble	Topping decoration

6. S'mores Cookie

Ingredient	Component
All-Purpose Flour	Cookie Base
Graham Cracker Crumbs	Cookie Base — signature s'mores flavor
Unsalted Butter	Cookie Base
Brown Sugar	Cookie Base
Granulated Sugar	Cookie Base
Eggs	Cookie Base
Vanilla Extract	Cookie Base
Baking Soda	Cookie Base
Salt	Cookie Base
Semisweet Chocolate / Ganache	Filling or topping
Heavy Cream	Ganache component
Mini Marshmallows / Marshmallow Fluff	Topping
Graham Cracker Pieces	Topping decoration

7. Dubai Chocolate Brownie Cookie

Ingredient	Component
All-Purpose Flour	Cookie/Brownie Base
Dutch-Process Cocoa Powder	Cookie Base — deep chocolate flavor
Unsalted Butter	Cookie Base
Granulated Sugar	Cookie Base
Eggs	Cookie Base — structure & fudginess
Vanilla Extract	Cookie Base
Baking Powder	Cookie Base

Salt	Cookie Base
Kataifi (Shredded Phyllo)	Filling — crunchy layer
Pistachio Paste / Cream	Filling — signature ingredient
Tahini (optional)	Filling — nuttiness
Dark Chocolate	Topping — drizzle or ganache
Heavy Cream	Ganache topping

Allergen Information

All Crumbl cookies are made in a shared facility. Cross-contamination risk is high for people with severe allergies. Always verify with your local Crumbl store.

Allergen	Found In	Risk Level
Wheat / Gluten	All varieties	HIGH
Dairy / Milk	All varieties	HIGH
Eggs	All varieties	HIGH
Tree Nuts (Almonds)	Sugar & Pink Sugar cookies	MEDIUM
Pistachios	Dubai Chocolate Brownie	MEDIUM
Peanuts	Some specialty flavors	MEDIUM
Soy	Some chocolate chips & toppings	LOW-MEDIUM

Approximate Nutrition per Cookie

Values are estimates. Check the Crumbl app for the most accurate, up-to-date nutrition info.

Cookie Flavor	Calories	Total Fat	Total Sugar	Protein
Pink Sugar Cookie	~480 cal	22g	55g	4g
Classic Chocolate Chip	~390 cal	19g	38g	5g
Milk Chocolate Chip	~410 cal	20g	42g	5g
Sugar Cookie	~460 cal	21g	52g	4g
Oreo Cookie	~520 cal	26g	58g	5g
S'mores Cookie	~540 cal	28g	60g	5g
Dubai Chocolate Brownie	~580 cal	30g	56g	7g

Disclaimer: Ingredient details are based on publicly available information. Crumbl's proprietary recipes may differ. Always verify through the official Crumbl app or in-store, especially if you have food allergies. | [crumblcookie.com](https://crumblcookie.com/menu)